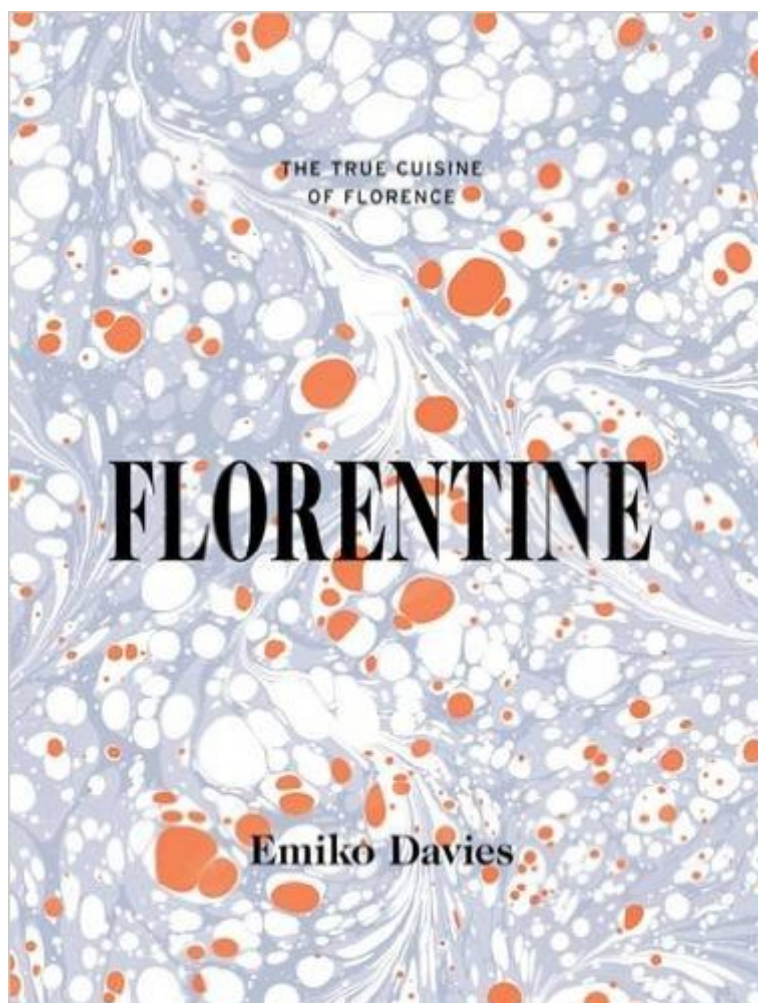


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Florentine: The True Cuisine Of Florence



Synopsis

Florentine is a collection of delicious recipes and stunning photographs from Tuscany's capital. Emiko Davies draws on her personal experience of traditional Florentine cuisine to share recipes that transport readers to the piazzas of Florence. From her torta di mele - a reassuringly nonna-esque apple cake - to Pappardelle all'anatra - mouth watering pappardelle with rich duck ragu sauce - allow yourself to be taken on a culinary tour through the city. From the morning ritual of la pasticceria (the pastry shop) and il forno (the bakery), the tantalizing fresh produce of il mercato (the market) and il macellaio (the butcher) through to the romance of la trattoria, or perhaps let yourself be swept up in the atmosphere of Florence's street food scene with a few bites of crunchy crostini with fig compote and prosciutto, or savor a silky gelato of hazelnut and crema. Seasons and long-held food traditions play an important role in the Tuscan kitchen and this is reflected in every Florentine menu, bakery window or market stall. Florentine is a unique stroll through the city's streets, past pastry shops bustling with espresso-sippers, hole-in-the-wall wine bars, busy food vans and lunchtime trattorias, to reveal why the people of Florence remain proudly attached to their unchanging cuisine - a cuisine that tells the unique story of its city, dish by dish.

Book Information

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Customer Reviews

I received this book and began to read it as soon as I was able to get the packaging open. I have spent some time in Florence and pre-ordered this book as soon as I learned about it last January. First, the book itself is gorgeous. I appreciate the hard cover and the lack of a dust jacket. Why? Because the dust jacket just gets in the way, gets torn on the edges, and is generally useless

on a cookbook. So, kudos to the author and designer for getting that right! Second, the design and quality of the book is impressive. The pages are thick and the binding seems that it will remain intact for years of use and cooking in the kitchen. The book is divided into six main sections: La Pasticceria (Pastry Shop), Il Forno (Bakery), Il Mercato (Market), La Trattoria. Il Macellaio (The Butcher) and In Giro (out and about). The main sections have around a dozen recipes each (a couple more for most sections) and the In Giro chapter is wonderful, as it includes recipes for many of the delightful street foods that one can find in Florence. The reader should be cautioned that some ingredients will not be available in your local supermarket, such as the delicious abomasum tripe for a lamprodetto panino, however they can be found online if you are diligent with your searches. I found the recipes to be written very clearly, with weights in grams (and even ounces!) given where appropriate. Most recipes are accompanied by gorgeous picture of the finished dish, and often several steps of the preparation are shown in beautiful photographs. This is exceedingly helpful in the pastry section, where a picture is worth a thousand words. Most importantly, I find the greatest thing about this book is its authenticity.

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